

Meet the team

0-19 Staff Nurse

Will deliver on specific care pathways across the 0-19 age range. They will provide early help to prevent problems developing that could impact on health outcomes, this includes:

- Bespoke medical conditions training in school for individualised care management
- Undertaking health assessments
- Nurse-led bed wetting (night time) clinics
- Continence assessment and assessment for products
- Emotional health and wellbeing support

0-19 Specialist Public Health Nurse (0-7 yrs) - you may know them as Health Visitors

Will lead primarily on all families where there is a child up to the age of 7 years old or until the end of Key Stage one. The core Healthy Child Programme contacts for all families reflect this work and are offered as follows:

- Preparation for Birth and Beyond courses
- Antenatal contact (Which involves a holistic assessment of the family covering social, physical and emotional health, delivery of health information and discussion about the service.)
- Birth home visit 10-14 days following the birth of baby and a 6-8 week contact (Both contacts offer physical social and emotional support and assessment of maternal mood, infant observation and infant feeding.)

They will deliver and lead additional services and support packages for children and families. This includes targeted support to children and families by working in partnership with specialist services.

The service will continue to work with Children's Centres to deliver the integrated offer to young families as part of Leeds Early Start Service.

0-19 Family Health Worker - you may know them as Community Nursery Nurses

Will work alongside the 0-19 Specialist Public Health Nurse (0-7 yrs) and deliver on:

- Universal mandated contacts at 8-12 month and 27 month development reviews
- Facilitating Well Baby Clinic
- Facilitating breastfeeding peer support groups
- HENRY

0-19 Specialist Public Health Nurse (7-19 yrs) - you may know them as School Nurses

Will triage and coordinate the Healthy Child Programme for school-aged children and young people aged 7-19 years old offering a range of services.

They will deliver and lead additional services and support packages for vulnerable children, young people and families which incorporates:

- Working in partnership with specialist services to support children and young people
- Supporting children with SEND/Complex Health Needs to access appropriate services
- Child Protection and Safeguarding
- Managing ChatHealth text messaging service

0-19 Healthcare Support Worker

Will work alongside the 0-19 Specialist Public Health Nurse (7-19 yrs) and 0-19 Staff Nurse to deliver on the Universal Offer of the National Child Measurement Programme for children in reception and year 6. This includes:

- Vision screening for reception age children
- Signposting and facilitation of referrals to appropriate services

0-19 Public Health Integrated Nursing Service

How to access the service



0-19 Public Health Integrated Nursing Service

Health Visiting and School Nursing Services have come together as one 0-19 Public Health Integrated Nursing Service. Below is some important information about how we can continue to work together to improve outcomes and reduce health inequalities for children, young people and their families across Leeds.

Professional Line 0113 843 4527

This is a for you to call with any queries relevant to a child or young person under our care.



Referral Process

Midwives: Send all antenatal notifications to hvspa.an@nhs.net

You can also call **0113 843 4527**.

GPs: When a family transfers into the area please inform us via email hvspa.transfers@nhs.net including name, date of birth, address and NHS number.

If a child, young person, parent or carer requires additional support please contact the named 0-19 Specialist Public Health Nurse (Lead Practitioner) via **SystemOne tasks** or call **0113 843 4527**.

Social care/schools/Children's Centres:

If you need to speak to a 0-19 Specialist Public Health Nurse (Lead Practitioner) regarding a child, young person or family, call **0113 843 4527**.



Group support we offer to families

Preparation for Birth and Beyond

A six week antenatal course available to all first time parents including understanding baby, birth, feeding, sleep and relationships.

Midwives: We need your support to offer this course. We can provide leaflets, letters and a citywide timetable of course dates to help with discussions with families. If you need any resources please contact **0113 843 4527**.

Access to this course is available on evenings and across the city.



HENRY (Health, Exercise, Nutrition for the Really Young)

Is for parents or carers of children aged 0-5 years. Free to join and run locally in Children's Centres. It covers parenting confidence, physical activity for little ones, what children and families eat, family lifestyle habits and enjoying life as a family. To refer a family speak to a 0-19 Specialist Public Health Nurse by calling **0113 843 4527**, or contact local

Children's Centre directly.

Families can also self-refer via the 0-19 Public Health Integrated Nursing Service Single Point of Access (SPA) on **0113 843 5683** or Children's Centres. We have leaflets available to help you promote this course - contact us.



Well Baby Clinics

Led by 0-19 Family Health Workers who continue to offer support to families about being responsive to their child's needs. Families can access information about well baby clinics via the Parent Child Health Record (Red Book) or by calling the 0-19 Public Health Integrated Nursing Service SPA on **0113 843 5683**.



Confidential text messaging service that allows young people aged 11-19 to text a 0-19 Specialist Public Health Nurse for health advice. We aim to reply within one working day and young people will get an immediate bounce-back to confirm we have received their text. Texts will not be seen outside of 8.30am to 4.30pm. Messages are charged at usual rate.

Number for young people to text is **07520 619 750**.

For safety information about this service, please see the disclaimer on our website: www.leedscommunityhealthcare.nhs.uk

